

THE MOUNTAIN VALLEY CONNECTION

11583 Mountain Valley Rd.
Rockingham, VA 22802

Nonprofit Organization
US POSTAGE PAID
Harrisonburg, VA
Permit No 259

OLD FASHION DAY

Saturday, Oct. 22, 2022

Fresh Apple Cider—See It Pressed

Take a turn!



Apple Butter from the Kettle!

Quarts and pints ready to go home.



Country Breakfast

8:00—10:30

Sausage Gravy 'n Biscuits
Sausage Biscuit Sandwiches
Juice, Hot Beverages

Savory Lunch 10:30 until....

Pork BBQ, Fried Country Ham Sandwiches
Hot Dogs, Homemade Vegetable Soup,
Mac & Cheese, Cole Slaw, Navy Beans
Cold & Hot Beverages

Baked Goods, Pies, Homemade Candies

Carry Out Available



Hand Crafted

Assortment of items for
decorating and gifts!



Flu Shot Clinic from 9-11,

Both adult & older adult strengths

Bring your insurance card and they will do the paper
work to cover your flu shot.

(Covid vaccinations will **not** be available in this setting.)



Children's Corner

Fun Activities to entertain the little ones
while you look around!



ANTIQUÉ CARS



SEASONS CHANGE ...

Hi Friend!

Most likely you are aware of the changing of seasons. It feels as if summer is done and clocked-out quick and fast. You might've noticed season changes by your favorite store putting up Halloween, Thanksgiving and in some cases Christmas decorations!

It seems as if the world adapts quickly to change, and sometimes I feel rushed and sort of like running behind the train, trying to catch up.

In my home, the change was so sudden that we didn't even notice the AC stopped. We opened the windows with joy and all of a sudden a breeze took all the papers everywhere. The winds of change can take us by surprise, don't they?

Friend, as the seasons change, there are many other winds of change as well. As we try to keep up with the calendar and changes, I want to remind you that we can hold on to the only constant that we have; that is the *Love of God in Jesus Christ*. We have a promise of grace and forgiveness that can only be found with God.

I encourage you and invite you to consider this: life brings many changes; The only thing that should remain unchanged is our faith. Though the seasons change at a quick pace, God remains in control even when we try to catch up.

I would love to visit with you at Mountain Valley or be of support to you in your time of need.

Pastor Eduardo Carrillo

Bible Study with NO Reading

Do you want to understand what is in the Bible but don't like to read or pour over scripture for hours? We have an answer for you!

Wednesday nights, Oct. 11-Nov. 29, at 7:00 pm we will explore the Bible through the acclaimed video series, **The Chosen**. The 45-55 minute episodes realistically depict Jesus and those who struggled to follow him. Each episode will give you valuable insights that can help explain some Bible mysteries and strengthen your faith as well. We will take a few minutes following an episode to share what we thought and any questions. We gather in the church sanctuary where the projection equipment is ready to go. There is no registration and the program is free! Hope you can join us!

HISTORIC ROOTS

Still Growing Today

Folks in the community first started gathering to thank God and grow in faith back in 1833. The first log building on the present site of Mountain Valley Cemetery was built in 1852.

The present campus includes the Worship Center, Fellowship Hall, picnic shelter and parsonage. You may have noticed the upgrades while driving by.



Still Sharing Today!

Community outreach continues today as folks gathering at Mountain Valley help with visitation for seniors, Kids Clothes Closet and at Mission Central-Cedar Grove, emergency relief through Health & Welfare, and various missions by the men's, women's and youth group.

There is a prayer shawl group, book club, and Bible studies that help one to grow in fellowship, mind and spirit.

COMMUNITY BOOK CLUB

We gather from **11:30 to 1:00 in the Mountain Valley Fellowship Hall** and enjoy a **bag lunch** together as we share our readings.

Meetings remaining this year are Oct. 27th and Dec. 1st. Visit MountainValley.org for titles or call 896-3424.



HARVEST SUNDAY

Oct. 30th – 10:30 to 12:00

Special worship through music with

Carrie Tryzicak

& the South River Express

Through the year we have reaped many blessings. On Harvest Sunday we celebrate all that God has done in our lives.

A Carry-in Meal will follow. Come to listen, share, fellowship and be revived!

Community Outreach!

Folks from Mountain Valley help with, **KIDS CLOTHES CLOSET** & the **Equipment for Caring** medical equipment loaner closet at *Mission Central-Cedar Grove*.

If you would like to help some who are less fortunate, you are welcome to donate clean, gently used children's clothing and surplus medical equipment to Mission Central.

If you are in need of either, please stop by and see how we may help you!

1704 Smithland Rd., Harrisonburg, VA 22802

Kids Clothes Closet:

2nd & 4th Wednesdays, 10:00 to 1:00

3rd Tuesdays 5:00 to 7:00

2nd & 4th Thursdays, 5:00 to 7:00

Equipment for Caring:

Mondays, 5:00 to 7:00

Thursdays, 9:00 to 11:00

Closed on holidays

Restoring Hope Through Help!

Equipment for Caring is located in Mission Central at 1704 Smithland Road and is a source for medical equipment for those in Harrisonburg and the surrounding counties. We are a Christian based organization that lends medical goods free of charge to those who may need them. We have durable medical equipment such as wheelchairs, walkers, bedside commodes, hospital beds, canes and shower chairs and benches. We also have disposables such as adult diapers, pull ups and sterile dressing supplies. Come by and check us out.

We accept donations of disposables and used equipment. We also need volunteers to help with cleaning of used equipment, organizing, and being available during our hours when we are open to the public.



Pictured above are several of our faithful volunteers, Barbara Phillips who helps in our closet along with Wes Conley and Elwood Reid who deliver and set up hospital beds in homes. If you need supplies or equipment come by during our open hours; and if you have questions or you can help in any way please call Delores Reid 540-383-6112 or call our Shenandoah Valley District UMC office 540-433-2382 and leave a message.

*People in the Mountain Valley Community
come together each Sunday morning at 11:00 am
to thank God for the blessings of the past week, to seek inspiration
to live better lives, and to celebrate love and 2nd chances!*