

THE MOUNTAIN VALLEY CONNECTION

11583 Mountain Valley Rd.
Rockingham, VA 22802

Nonprofit Organization
US POSTAGE PAID
Harrisonburg, VA
Permit No 259

OLD FASHION DAY

Saturday, Oct. 21, 2023

Fresh Apple Cider—See It Pressed

Take a turn!



Apple Butter from the Kettle!

Quarts and pints ready to go home.



Country Breakfast

8:00—10:30

Sausage Gravy 'n Biscuits
Sausage Biscuit Sandwiches
Juice, Hot Beverages

Savory Lunch 10:30 until....

Pork BBQ, Fried Country Ham Sandwiches
Hot Dogs, Homemade Vegetable Soup,
Mac & Cheese, Cole Slaw, Navy Beans
Cold & Hot Beverages

Baked Goods, Pies, Homemade Candies

Carry Out Available



South River Express

Enjoy beautiful, inspirational live Gospel music starting at 10:00 a.m. It is the perfect food for your soul to go with the delicious old fashioned favorites.



Hand Crafted

Assortment of items for decorating and gifts!



Children's Corner

Fun Activities to entertain the little ones while you look around!

SEASONS CHANGE ...

Dear Friend,

As the season changes there are beautiful views around us. It is always a stunning view from my window to see the tree foliage colors change from warm colors to cold colors, all within God's amazing and marvelous creation.

I'm reminded that God's timing is beautiful and divinely set. All living things have a beginning and an end. The mighty tree that once stood giving shade to many has now become frail, its roots showing and sickly looking.

As a pastor I have the joy and privilege to be with you in almost every season of life. Some seasons are joyful and expected, and some others, though expected, sometimes can be abrupt and life shattering. As people of faith, we believe that God has control over all the areas of our lives, in every morning, in all the seasons with all people.

I want to invite you to our church Sunday school (9:45am) and worship service (11am) to be with other like-minded people of faith. I encourage you to see God in your life and be moved to whatever season of faith you are going through. I pray that whoever reads this small letter be blessed, feel God's love, be moved to repentance and accept Christ as their Lord and Savior.

Pastor Eduardo Carrillo

Trunk or Treat

We are ready to have lots of fun and want to invite you to join us. See you there October 28th from 3 to 6 pm.



Mountain Valley United Methodist Church
11583 Mountain Valley Rd,
Harrisonburg, VA 22802

 Mountain Valley UMC

HISTORIC ROOTS

Still Growing Today

Folks in the community first started gathering to thank God and grow in faith back in 1833. The first log building on the present site of Mountain Valley Cemetery was built in 1852.

The present campus includes the Worship Center, Fellowship Hall, picnic shelter and parsonage. You may have noticed the upgrades while driving by.



Still Sharing Today!

Community outreach continues today as folks gathering at Mountain Valley help with visitation for seniors, Kids Clothes Closet at Mission Central-Cedar Grove, emergency relief through Health & Welfare, and various missions by the men's, women's and youth groups.

There is a prayer shawl group, book club, and Bible studies that help one to grow in fellowship, mind and spirit.

Visit us on the web at MountainValleyUMC.org

COMMUNITY BOOK CLUB

We gather from 11:30 to 1:00 in the Mountain Valley Fellowship Hall and enjoy a bag lunch together as we share our readings.

Meetings remaining this year are

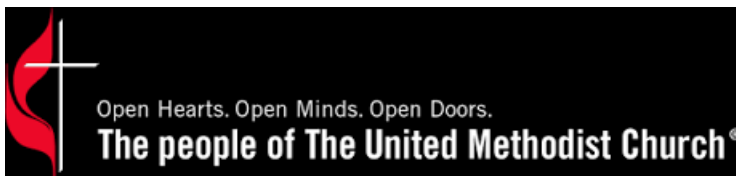
October's Story

[Restorative Justice-- Insights and Stories from My Journey](#) by Howard Zehr Oct. 19

November's Story

[A Knock at Midnight](#) by Brittany K. Barnett Nov. 22

Visit MountainValleyUMC.org for future titles.



Community Outreach!

Folks from Mountain Valley help with, **KIDS CLOTHES CLOSET** at Mission Central-Cedar Grove. & the **Equipment for Caring** medical equipment loaner closet at Mt. Tabor UMC.

If you would like to help some who are less fortunate, you are welcome to donate clean, gently used children's clothing and surplus medical equipment to Mission Central.

If you are in need of either, please stop by and see how we may help you!

Kids Clothes Closet:

1704 Smithland Rd., Harrisonburg, VA 22802

2nd & 4th Wednesdays, 10:00 to 1:00

2nd, 3rd & 4th Thursdays, 5:00 to 7:00

Equipment for Caring:

8335 North Valley Pike, Lacey Spring, VA 22833

Mondays, 5:00 to 7:00

Thursdays, 9:00 to 11:00

Closed on holidays

Restoring Hope Through Help!

Equipment for Caring is located in Mt. Tabor UMC and is a source for medical equipment for those in Harrisonburg and the surrounding counties. We are a Christian based organization that lends medical goods free of charge to those who may need them. We have durable medical equipment such as wheelchairs, walkers, bedside commodes, hospital beds, canes and shower chairs and benches. We also have disposables such as adult diapers, pull ups and sterile dressing supplies. Come by and check us out.

We accept donations of disposables and used equipment. We also need volunteers to help with cleaning of used equipment, organizing, and being available during our hours when we are open to the public.



If you need supplies or equipment come by during our open hours; and if you have questions or you can help in any way please call Delores Reid 540-383-6112 or call our Shenandoah River District UMC office 540-433-2382 and leave a message.

*People in the Mountain Valley Community
come together each Sunday morning at 11:00 am
to thank God for the blessings of the past week, to seek inspiration
to live better lives, and to celebrate love and 2nd chances!*